

# RAISING TECH-HEALTHY HUMANS

## School Partnership Pack

Every school leader is aware of the challenges parents face with screen time, smartphones, and social media – issues that deeply impact the faith-formation of children in our communities.

“Raising Tech-Healthy Humans” is an online course for parents and carers of young children and pre-teens, based on Daniel Sih’s award-winning book and tech-parenting seminars.

This free resource will empower school communities to guide their families through the complexities of the digital world in a healthier, more balanced way.

### How it Works

- 1 Share the link [www.raisinghumans.au/cen](http://www.raisinghumans.au/cen) to allow parents in your church community to access the course for free.\*
- 2 Visit [www.raisinghumans.au/media-cen](http://www.raisinghumans.au/media-cen) to download engaging marketing resources to help you communicate with your congregation, including newsletters, internal emails, bulletins and private groups.
- 3 Encourage tech-healthy conversations in small groups by using the reflective questions at the end of each video lesson to inspire and guide action.

*\*Note: As this is typically a paid course, we kindly request that you refrain from sharing the sign-up link on public social media platforms or distributing it widely.*

### What’s Included



#### Quality Training Videos

15 FREE tech-parenting videos based on Daniel Sih's award-winning book, “Raising Tech-Healthy Humans”



#### Screen Time Infographics

Print ready handouts



#### Fun Activity Checklist

To print and use on weekends



#### Digital Contracts

For parents to discuss with their kids

Thank you for partnering with us in our mission to raise loving, wholehearted, tech-healthy humans!